

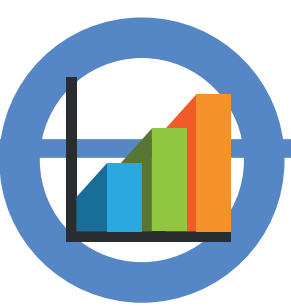


Care for your health, live well

OUR MISSION

To create a Specialized and Multidisciplinary Center for the Prevention, Diagnosis, and Comprehensive Management of Diabetes in Reynosa, Tamaulipas, Mexico, aimed at low-income populations without medical services.

WHY IT MATTERS:



Diabetes in Mexico

- ✦ 18.3% of Mexican adults live with diabetes – 14.6 million people.
- ✦ 13% of all deaths in Mexico were due to diabetes in 2021.
- ✦ 22.1% of the population is living with prediabetes.
- ✦ In Reynosa: 13 out of 100 people have diabetes.
- 📈 From 2006 to 2022, prevalence rose from 14% to 18%.



The Risk:

25–50% of people with prediabetes may develop diabetes within 3–5 years without intervention.



Why this center is critical:

Early diagnosis and proper education can reduce complications like kidney failure, blindness, stroke, and amputations.



WHAT CUIDA WILL DO:



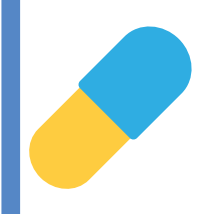
Early detection of risk factors ✓



Timely and multidisciplinary diabetes care ✓



Education on nutrition, physical activity, mental health, and medication ✓



Accessible lab tests and medication support ✓



Community campaigns for prevention ✓



Programs targeting youth lifestyle changes ✓

INFRASTRUCTURE & STAFF



Fully equipped medical offices



Clinical lab and analysis equipment



Classroom for workshops



Digital systems and training space



Gym/physical activity area



Team: doctors, educators, psychologists, nutritionists, and more

HELP US MAKE IT HAPPEN!

Together, we can reduce diabetes, save lives, and build a healthier community.