



FERIA DE PROYECTOS ROTARIOS

14 - 15 Noviembre 2025

MONTERREY, MEXICO

The
Rotary
Foundation



**Coordinación
Regional de
La Fundación Rotaria
Zona 25 A**

Carlos E. Sandoval
Fiduciario 2023-2027

GLOBAL GRANT PROJECT

TransformArte

**Mental Health For Young People in NL, SLP and
TAMPS**



Community Needs

On October 10, 2024, within the framework of World Mental Health Day, the WHO published the latest figures related to the mental health of adolescents worldwide:

- One in seven young people between the ages of 10 and 19 suffers from some type of mental disorder. These conditions account for 15% of the global burden of disease and mortality among adolescents.
- It is estimated that 4.4% of adolescents aged 10 to 14 and 5.5% of those aged 15 to 19 suffer from an anxiety disorder, and that 1.4% of adolescents aged 10 to 14 and 3.2% of those aged 15 to 19 suffer from depression.
- Suicide is the third leading cause of death among people aged 15 to 29.
- When a mental health disorder in a teenager goes untreated, its consequences extend into adulthood, harming their physical and mental health and limiting their chances of leading a fulfilling life in the future.



Community Needs



Nuevo Laredo
CR Villa de Nuevo Laredo

Reynosa
CR Reynosa

Monterrey
CR Monterrey
Metropolitano
CR Regiomontano
Valle Oriente

Matamoros
CR Matamoros Sur

Ciudad Victoria
CR Ciudad Victoria

Tampico
CR Tampico Miramar

San Luis Potosí
CR San Luis Empresarial

MONTERREY:

CR Monterrey metropolitano
CR Regiomontano Valle Oriente.

SAN LUIS POTOSÍ:

CR San Luis Empresarial.

NUEVO LAREDO:

CR Villa de Nuevo Laredo.

REYNOSA:

CR Reynosa.

CIUDAD VICTORIA:

CR Ciudad Victoria

TAMPICO:

CR Tampico Miramar.

MATAMOROS:

CR Matamoros Sur.

CONVENCIÓN DISTRITAL MONTERREY:

Cintermex



Subvención Global GG2580143

Area of Focus - Prevention and treatment of diseases.

500 teenagers aged 15 to 19 who are studying high school and who belong to vulnerable areas of the District.

- Group workshops of 7 sessions of 2 hours per week taught by CPCCM in the 7 cities.
- Laberinto TransformArte.



PHOTOS



MOMA HARMONY

A journey towards harmony. The sculpture symbolizes the transformation from chaos, depression and anxiety to inter peace and harmony.



Sustainability

The main objective of the project is to provide wellness and mental health opportunities to adolescents between the ages of 15 and 19 who are in high school in Rotary District 4130 and who are among the vulnerable groups in the 7 cities of the District (Matamoros, Reynosa, San Luis Potosi, Nuevo Laredo, Ciudad Victoria, Tampico and Monterrey).

To achieve this, we will work together with the Centro de Psicología Cognitivo Conductual de Monterrey, (CPCCM) who have already developed over the years a model of evidence-based psychological care that addresses the psycho-emotional needs of this population.

8 Rotary Clubs will be involved in the training for Mental Health in different schools of their cities with annual courses and webinars supported by CPCCM.



Budget

CONCEPT	UNIDAD	COSTU.S.D.	TOTAL U.S.D.
TRANSFORMING YOU WORKSHOPS (12 Talleres TransformArte)	1	49010	49010
Total amount			49,010



Funding

Sponsor	Amount U.S.D.
Rotary Club Monterrey Metropolitano	\$ 9,125.55
Rotary Club San Luis Empresarial	\$ 1,050.00
Rotary Club Reynosa	\$2,100.00
Rotary Club Tampico	\$1,050.00
Rotary Club Matamoros	\$1,050.00
Rotary Club Monterrey	\$1,050.00
Rotary Club Laredo Daybreak	\$1,575.00
DDF District 4130	\$14,733.00
DDF SPONSOR Club 5930	\$3,500.00
Total Amount GG	\$35,233.55



CONTACT

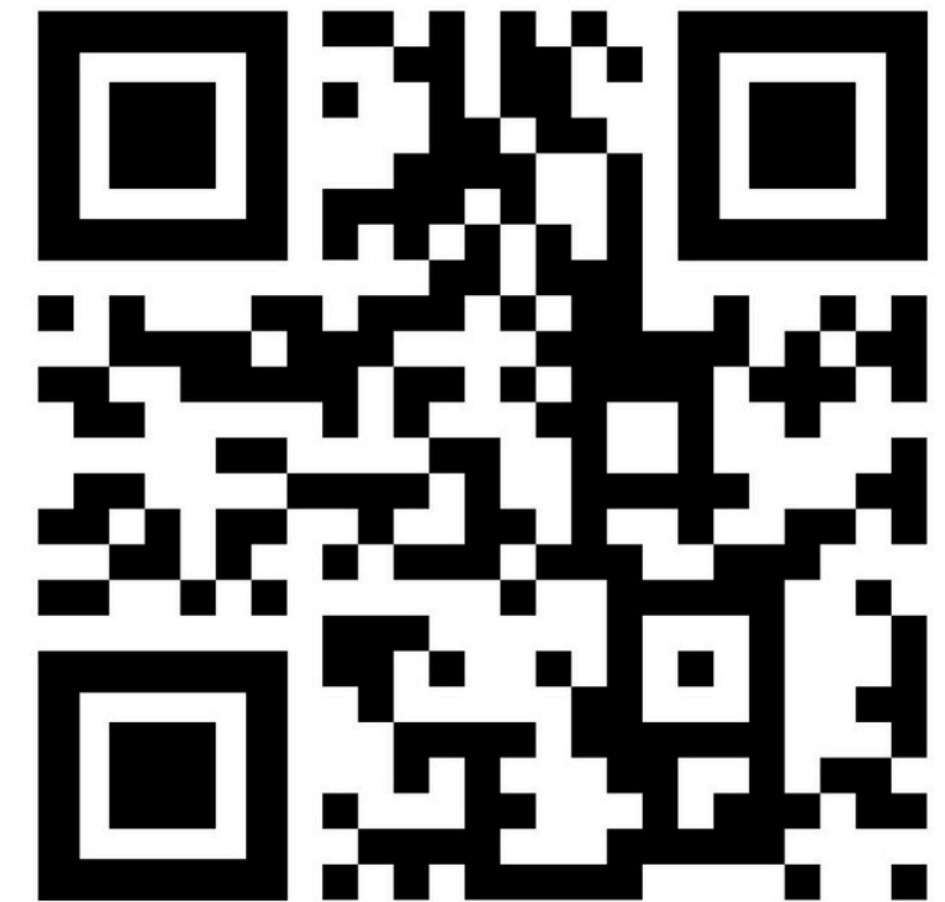
DATOS DE CONTACTO

TELEFONO: (52) 81 1916 1086.

EMAIL: jmsanchez@dasza.com

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www.transform-Arte.com.mx



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